

MY ADOLESCENCE'S IDENTITY

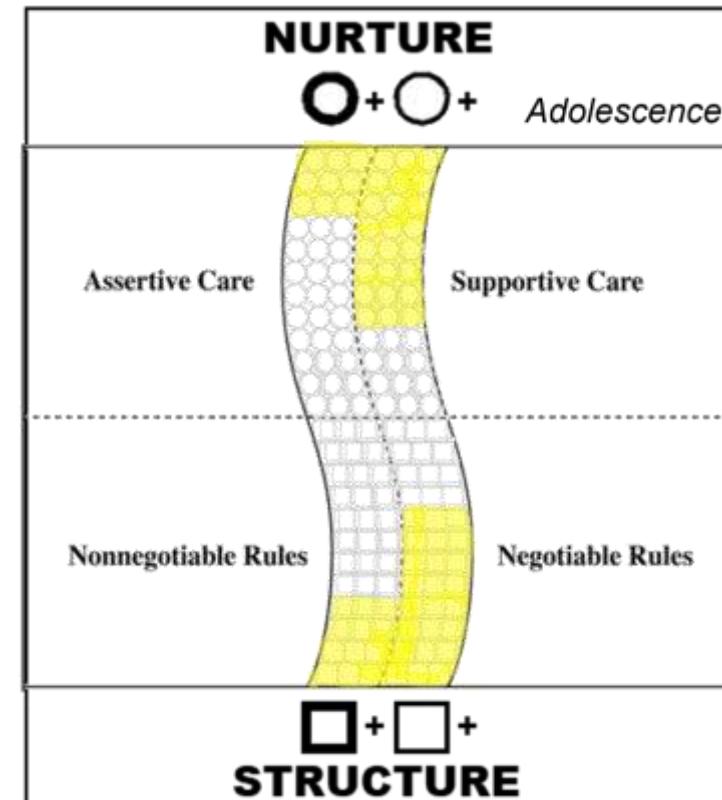
Identity, Sexuality & Separation- Adolescence

Adolescent's Name _____ Age _____

Adolescents	Adult's
Temperament	Temperament
Health	Health
Situation	Situation

JOBs OF THE CHILD

- To take more steps toward independence.
- To achieve a clearer, emotional separation from family
- To emerge gradually, as a separate, independent person with own identity and values within the context of family
- To be competent and responsible for own needs, feelings, and behaviors as one moves out into the world.
- To find and support a healthy peer group.
- To continue to do family chores.
- To continue to participate in family celebrations and rituals.
- To integrate sexuality into sense of identity ad earlier developmental tasks
- To gradually acquire the skill of independent, moral thinking



You can know who you are and learn and practice skills for independence

You can learn the difference between sex and nurturing and be responsible for your needs and behavior

You can develop your own interests, relationships and causes

You can learn to use old skills in new ways

You can grow in your maleness or femaleness and still be dependent at times

I look forward to knowing you as an adult